

The internet is full of charm for youngsters. Online games, chatting, relationships, and the abundance of information may lead the youngsters to spend more and more time online. However how can parents deal with it? As an educator who works on the education of primary school and high school students, I have several suggestions for parents who are in the troubles.

When the children have just contacted the internet, parents should establish an agreement with the children about the time limit and conditions of surfing on the net.

If the children spend so much time on the internet that they can't finish their homework or the housework in time, it is necessary for the parents to limit the time he or she spends on the internet, or tear him from the internet. At present, provided that the burden of studies for students has already been very heavy, one hour each day on the internet is surely enough. Besides, the parents must remind the students that if they need to use the internet for some assignments, such as searching for the materials for class presentation, they should tell the parents beforehand. It is worth mentioning that the more determinedly parents implement their rules, the more binding the rules will be. However, if they allow the children to "outlaw" a lot, or bargain about the internet-using time, then the rules will gradually lose their positions.



The parents should define what the children are forbidden to see online

Parents should instruct the children that the world online is just like the real world with good stuff mixed with bad stuff, such as sex, violence, and cheat. The parents should tell the children surfing on the internet is part of the real life, so when they are online, they should avoid the unhealthy stuff self-consciously, and even if you are confronted with them, they must learn to distinguish right from wrong.

The parents can undertake some usual measures when the children are deeply addicted, especially when the parents are not well informed of what they are doing.

Nowadays, there are a lot of children who surf on the internet playing video games, browsing sex-related websites, or falling into online relationship. Unfortunately, most parents are not aware of what their children do at their absence. In this situation, you can find some ways to check the dialog records up to find out what they are doing. As to how to check out his dialog contents, there are various kinds of doing so, and you just have to search it on the internet. One of the good ways is to install the [keylogger](#) on the computer to record their activities on the computer. But keep in mind don't undertake such measures unless the very severe situations are detected, or you will cause the tension between you and your children.



All in all, too much time spent on the internet is detrimental to the growth of the children. And at last, I suggest the parents arrange some other wholesome activities, such as sports, painting, and

traveling. Those activities can enhance the bonding and trust between parents and children. And in turn, the more children trust and favor their parents, the more effective the rules on internet will be. That is the real purpose for **parental control**.